



Activities for “Maison Relais”



Overview of activities

The activities in this overview have been specifically designed for the Maison Relais by the SDK Akademie. Various principles have been taken into account to ensure that these activities fit well into the non-formal framework and have a sustainable impact:

- The activities are age-specific and are thus adapted to the different age groups.
- The activities for the different age groups build upon each other, but they also work independently.
- The activities for the Maison Relais are complementary to the ones designed for elementary schools.

The activities can be carried out in Luxembourgish, German, French and English.

Packaging in everyday life

| | |
|---------------|---------------------|
| Target group: | 6 - 8 years |
| Participants: | maximum 10 children |
| Duration: | 1 hour |



Objectives:

The children:

- realise that waste is part of our everyday life.
- know that sorting waste properly is essential to ensure that its reusable materials can be used for the production of new objects.
- learn how to dispose of their everyday waste in a proper manner.
- are able to avoid unnecessary waste.

Short description:

What is packaging and what purpose does it serve? Does everything need to be packed and what happens to packaging when it is no longer needed? During this activity, children discover in a playful way the difference between different types of packaging and where to dispose of it. Through this understanding, the children should learn to recognise unnecessary packaging and avoid it in the future.

Recycling – The example of paper

| | |
|---------------|---------------------|
| Target group: | 6 - 8 years |
| Participants: | maximum 15 children |
| Duration: | 2 hours |



Objectives:

The children:

- recognise the need for a sustainable management of natural resources.
- Discover through the example of paper that the production of a product is often complex.
- know that the production of recycled products preserves resources.
- learn that proper waste sorting is essential for the production of recycled products.

Short description:

What is paper actually made of and what is the natural raw material's path to the finished product? Are natural raw materials available in infinite quantities or are there limits? Are there (more) sustainable alternatives for the use of paper?

These questions will be addressed in an interactive way. The children will embark on a journey of discovery as they engage with processes and make their own recycled paper.

Our environment – The resource game

| | |
|---------------|-----------------|
| Target group: | 8 - 12 years |
| Participants: | 8 - 12 children |
| Duration: | 2 hours |



Objectives:

The children:

- take a closer look at socially relevant issues.
- realise that the sustainable use of our natural resources is important.
- understand how they can contribute to the preservation of resources as consumers.

Short description:

This activity is carried out with the help of a specially developed board game. By means of various quizzes and tasks, the children gain a deeper insight into current environmental issues such as resource scarcity. At the same time, the children discover sustainable behaviour and action patterns and address their own influence on the environment.

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